



Lions Quest Canada

The Centre for Positive Youth Development

Lions Quest Pre-K–Grade 12 Social & Emotional Learning Programs

Newly Revised



Each Teachers Resource Kit Includes:

- **Facilitators Resource Guide** – includes easy to use teacher's edition that contains annotated lesson plans, assessment & enrichment, and family and community connection activities
- **Universal Program Guide** – includes the program rationale and overview, classroom implementation models, and guidelines for effective school wide implementation. Also included are instructional strategies for creating a relationship-centred classroom, developing a positive school climate, and implementing service learning.
- **Digital Resources** – offer rich ancillary support including 'projectables' for whole-class presentations, Family Connection take-home worksheets, and the Families as Partners guide designed to encourage family engagement and involvement.
- **Student Journal** – provides opportunities to practise and apply the skills found in each lesson.

Lions Quest Workshop:

- One day professional development workshops offer comprehensive preparation in Lions Quest programs
- Lions Quest trainers meet the highest standards and workshops receive a 4.6/5 average rating for an "outstanding" experience.

Implementation Options:

- 20-30 minute lesson/week for all students
- Homeroom/Advisory period curriculum
- Stand-alone course
- After-school program

Promoting :

- Connection to School
- Positive Behaviour
- Character Education
- Anti-Bullying
- Drug, Alcohol, Tobacco Awareness
- Service-Learning

**Evidence-based and
Proven Effective**

Increases :

- Attendance
- Positive School Climate
- Academic Performance

Decreases:

- Problem Behaviours
- Bullying
- School Suspensions
- Student Stress Level

**Research-based
Pedagogy & Content**

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Lions Quest *Skills for Growing* and *Skills for Adolescence*

Pre K – Grade 8 School Based Social Emotional Learning Programs



	Topic 1	Topic 2	Topic 3	Topic 4	Topic 5	Topic 6	Topic 7	Topic 8
Unit 1: A Positive Learning Community	Making Introductions	Establishing Classroom Agreements	Building Relationships and Community					
Unit 2: Personal Development	Clarifying Your Values	Assessing Strengths and Growth Opportunities	Building Self-Confidence and Self-Respect	Motivating Yourself	Setting Positive Goals	Labeling Your Emotions	Managing Stress and Strong Emotions	Recognizing the Thoughts, Emotions, and Action Connection
Unit 3: Social Development	Listening	Respecting Others	Communicating with “What, Why, And How” Messages	Working Together	Building Healthy Relationships	Handling Conflict in Relationships	Dealing with Bullying Behaviour	Dealing with Bullying Behaviour
Unit 4: Health and Prevention	Choosing Healthy Living	PreK-2: Staying Away from Poison Substances 3-8: Staying Away from Alcohol	Growing in Responsibility	PreK-2: Being Careful Around Medicines 3-8: Staying Away from Tobacco	Making Good Decisions – Part 1	Making Good Decisions – Part 2 3-8: Staying Away from Other Drugs	Standing Up to Social Pressure	6-8 Only: Reinforcing and Modeling a Healthy, Drug-Free Lifestyle
Unit 5: Leadership and Service	Serving Your School and Community	Assessing Classroom Assets and Interests for Service-Learning	Identifying Classroom, School, and Community Issues and Needs	Deciding Together on a Service-Learning Project	Planning a Service-Learning Project to Meet School or Community Needs	Implementing the Service-Learning Project	Reflecting on and Demonstrating the Service-Learning Project	Demonstrating Service
Unit 6: Reflection and Closure	Reflecting on Learning, Experience, and Goals	Celebrating Class Successes and Acknowledging Contributions						